

**HIPPOCRATIC WEEK**  
**ΙΠΠΟΚΡΑΤΙΚΗ ΕΒΔΟΜΑΔΑ**  
**12-19/10/2025**

**HIPPOCRATIC OATH**  
**CEREMONY**

**ΤΕΛΕΤΗ ΟΡΚΟΥ ΤΟΥ**  
**ΙΠΠΟΚΡΑΤΗ**

**18/10/2025**

*Preliminary Programme*

# Organizers



*Prefecture of South Aegean*



*Municipality of Kos*



*Medical Association of Athens*



*Medical Association of Kos*

# Co - Organizers



*The Holy Metropolis of Kos and Nisyros*



*Ephorate of Antiquities of the Dodecanese*



*Panhellenic Medical Association*



*Athens Medicine School-NKUA*



*Faculty of Medicine-University of Thessaly*



*European Association of Professors Emeriti*

# HIPPOCRATIC WEEK

## THE HIPPOCRATIC OATH CEREMONY

October 12–19

### Sunday 12/10/2025

*Arrival Athens, Hotel Accommodation*

### Monday 13/10/2025

09:00–13:00

**Tour:**

*Sacred Rock of Acropolis, Acropolis Museum*

13:00–14:00

**Lunch**

15:00–17:00

**Visit to the Hellenic Parliament**

15:00–16:30

**Guided Tour**

*Hellenic Parliament*

16:30–16:45

**Health, Diplomacy and Peace**

*M. Caneva*

16:45–17:00

**One World, One Workforce: A Case for Transnational  
Medical Education in a Globalized World**

*E. Johnson*

17:30–19:00

**Reception at the Athens Medical Association  
Welcome Address**

*G. Patoulis, A. Polydourou, B.o.D G.D.H.I., N. Papantoniou (I.H.F.K.)*

# HIPPOCRATIC WEEK

## THE HIPPOCRATIC OATH CEREMONY

October 12–19

### Tuesday 14/10/2025

Workshop: Medical School of the National Kapodistrian University of Athens

09:30–10:00	<b>Reception at the National Kapodistrian University of Athens</b> <i>G. Siasos, N. Arkadopoulos</i>
10:00–10:30	<b>Museum of Physiology "G. KOTZIAS" – Physiology Laboratory "PHYSIOLOGY"</b> <i>Museum presentation: A. Filippou, X. Gaitanari, P. Lebesis</i>
10:30–11:30	<b>Clinical laboratory at the High Fidelity Clinical Simulation Center – "PHYSIOLOGEION"</b> <i>K. Mavragani, P. Aggelogianni, V. Dimitropoulou, V. Polydorou</i>
11:30–12:00	<b>Presentation of the English- and Greek-speaking departments of the Medical School</b> <i>Chair: K. Mavragani, A. Filippou</i> <ul style="list-style-type: none"><li>• English-language Curriculum: third year students of the «MEDICAL DEGREE» programme <i>I. Chaudhari, E. Jung</i></li><li>• Greek-speaking NKUA Curriculum: third year students</li></ul>
12:00–13:00	<b>Career Day (Specialty Analysis)</b> <i>P. Agathaggelou, A. Angelopoulou, S. Apostolidis, D. Varvaras, S. Douros, A. Kaklamanos</i>
13:00–13:30	<b>Break – Light Lunch</b>
13:30–14:00	<b>Museums of Anatomy "ANATOMEIO", NKUA</b> <i>D. Chrysikos, D. Filippou, M. Saintanis, Th. Troupis, R. Tsantili</i>
14:00–15:00	<b>Clinical workshop – "ANATOMEIO", NKUA</b> <i>Chair: D. Filippou, Th. Troupis</i> ..... <i>M. Piagkou, A. Samolis, A. Shihada, Th. Troupis</i>



# HIPPOCRATIC WEEK

## THE HIPPOCRATIC OATH CEREMONY

October 12–19

### Wednesday 15/10/2025

*Workshop at the medical school of the University of Thessaly*


Scientific session in the context of MSc “Deontology and Ethics in Bio-Medical Sciences” of the Faculty of Medicine and Department of Nursing, School of Health Sciences, University of Thessaly.  
In Collaboration with the Deontology and Bioethics Laboratory, Department of Nursing, School of Health Sciences, University of Thessaly (Director: Prof. Anna Mavroforou)  
Organisers: A. Mavroforou – A. Giannoukas

12:00–14:00	<b>Visit: Hippocrates Monument, Diachronic Museum of Larissa</b> <i>R. Chaliampalias</i>
14:00–16:00	<b>Light Lunch</b> <i>Foyer of the Medical Building, Biopolis</i>
16:00–18:00	<b>Workshop</b> <i>Chair: A. Mavroforou, A. Polydorou</i> .....
16:00–16:15	<b>The evolution of medical practices and the legacy of Hippocrates in ancient Thessaly</b> <i>R. Chaliampalias</i>
16:15–16:30	<b>Bioethical issues in medically assisted reproduction</b> <i>K. Dafopoulos</i>
16:30–16:45	<b>Ethical issues in daily nursing practice</b> <i>I. Papathanasiou</i>
16:45–17:00	<b>The ethical dimension of body care in nursing: Respect, dignity and vulnerability</b> <i>E. Fradelos</i>
17:00–17:15	<b>Confidentiality, privacy, Security and safety in healthcare</b> <i>I. Giannouka</i>

# HIPPOCRATIC WEEK

## THE HIPPOCRATIC OATH CEREMONY

October 12–19



17:15–17:30	<b>Beyond the algorithm: Teaching medicine in the age of artificial intelligence(AI) – Ethical frontiers and educational imperatives</b> <i>I. Tsougos</i>
17:30–17:45	<b>Activities of the Global Doctors’ Hippocratic Institute (GDHI)</b> <i>A. Polydorou</i>
17:45–18:00	<b>Discussion</b>

### Thursday 16/10/2025

Arrival Kos, Hotel Accommodation

17:00–18:00	<b>Lifestyle Medicine with Hippocrates</b> Chair: F. Kalloudis, V. Koullias .....
17:00–17:30	<b>TBA</b> <i>E. Basi</i>
17:30–18:00	<b>TBA</b> <i>A. Karayianni</i>
18:00–19:00	<b>Kos: a well-being Destination based on Hippocrates</b> Chair: Y. Darilis, N. Manousis, A. Polydorou .....
18:00–18:20	<b>TBA</b> <i>Y. Darilis</i>
18:20–18:40	<b>TBA</b> <i>S. Tryphon</i>
18:40–19:00	<b>TBA</b> <i>G. Yiannopoulos</i>

# HIPPOCRATIC WEEK

## THE HIPPOCRATIC OATH CEREMONY

October 12–19

19:00–20:20

### Hippocratic Medicine, Philosophy & Ethics I

Chair: Ph. Kalloudis, T. Koutsouradis, M. Toulanta– Parisidou

19:00–19:20

### Medical research using laboratory animals–Towards a conceptual expansion of the Hippocratic Legacy: "To Help or at least not Harm"

A. Koutsouradis

19:20–19:40

### TBA

N. Manousis

19:40–20:00

### TBA

G. Tallaros

20:00–20:20

### Epigenetic role of thermal medicine

K. Kouskoulis

20:30–21:30

### Walking Tour

Castle, Harbor & City of Kos, Archaeological Museum, Planetree of Hippocrates

21:30

### Dinner

Plane Tree Restaurant

# HIPPOCRATIC WEEK

## THE HIPPOCRATIC OATH CEREMONY

October 12–19

### Friday 17/10/2025

09:30–09:45	<b>Welcome Address</b> <i>N. Papantoniou, G. Patoulis</i>
09:45–12:00	<b>Hippocratic Medicine, Philosophy &amp; Ethics II History of Medicine</b> Chair: S. Geroulanos, M. Karamanou
09:45–10:00	<b>The Hippocratic Vision: Environmental Determinants of Health and the Path to Sustainable Healthcare</b> <i>A. Fiska</i>
10:00–10:15	<b>Healing with Water: the History of Thermal Baths</b> <i>M. Karamanou</i>
10:15–10:30	<b>Obesity in Ancient Medicine</b> <i>N. Papavramidou</i>
10:30–10:45	<b>The Timeless Appearance and Behaviour of the Physician: from the On the Physician and On the Form of the Hippocratic Collection to the Present Day</b> <i>K. Trompoukis</i>
10:45–11:00	<b>The Biography of Hippocrates: a Combination of Fact and Fancy</b> <i>E. Poulakou-Rebelakou</i>
11:00–11:15	<b>The Oath, the Devine and the Draco</b> <i>G. Tsoukalas</i>
11:15–11:45	<b>Coffee break</b>

# HIPPOCRATIC WEEK

## THE HIPPOCRATIC OATH CEREMONY

October 12–19

11:45–13:00

### **Hippocratic Medicine, Philosophy & Ethics III**

Chair: G. Baltopoulos, N. Manouis, T. Koutsouradis

11:45–12:00

### **Medicine and Philosophy: the Interaction of the two Sciences**

*P. Ziogiannis*

12:00–12:15

### **Inorganic Remedies in Corpus Hippocraticum – Relevance to Modern Therapies**

*M. Marsellos*

12:15–12:30

### **Kirikos Heretis (1766–1830): A Hippocratic Physician and scholar of the European Enlightenment**

*A. Chrysafi*

12:30–12:50

### **Kos and Ptolemaic Alexandria: the Creative Axis of Knowledge and Politics in the Hellenistic Era**

*K. Bourazelis*

12:50–13:10

### **The Hippocratic Roots of Aristotelian Philosophy and the Foundations of Psychotherapy**

*G. Chrousos*

13:10–13:25

### **The task and the challenges of the National Authority for Human Assisted Procreation**

*I. Kriari*

13:25–14:45

### **Light Lunch**

14:45–16:00

### **Greetings from University Authorities from Greece and Abroad**

Chair: N. Papantoniou, G. Patoulis, A. Polydorou, G. Tallaros

# HIPPOCRATIC WEEK

## THE HIPPOCRATIC OATH CEREMONY

October 12–19

16:00–18:15

### From Hippocrates to 2025 I

Chair: S. Geroulanos, A. Polydorou, P. Salmons

16:00–16:20

### TBA

A. Bognar

16:20–16:40

### Developing multimodal therapies for Alzheimer’s disease

A. Gravanis

16:40–17:00

### Hippocratic wellness and Mediterranean Diet: The holistic wisdom of ancient and modern Greece

S. Nicosia

17:00–17:20

### TBA

J. Wolfson

17:20–17:40

### Professionalism in Medicine

I. Sayek

17:40–18:00

### Innovating at the Intersection of Precision Medicine, Longevity Science and AI

R. Barker

18:00–18:15

### Health Strategy of University Hospital Campus Bio-Medico

P. Sormani

18:15–18:30

### Coffee Break

18:30–20:00

### From Hippocrates to 2025 II

Chair: S. Geroulanos, N. Papantoniou, P. Salmons

18:30–18:50

### TBA

M. Coen

18:50–19:10

### TBA

H. Moon

# HIPPOCRATIC WEEK

## THE HIPPOCRATIC OATH CEREMONY

October 12-19

19:10-19:30	<b>TBA</b> <i>C. Perlyn</i>
19:30-19:50	<b>TBA</b> <i>A. Vitzileos</i>
19:50-20:10	<b>TBA</b> <i>S. Wiswanathan</i>
20:10-20:30	<b>TBA</b> <i>D. Jamison</i>

## Saturday 18/10/2025

09:30-10:30      **Guided tour of the Museum & Botanical Garden**

10:30-12:00      **Greetings Authorities**  
Chair: N. Papantoniou, G. Patoulis, A.Polydrou, G. Tallaros  
.....  
H.H. Bishop of Kos and Nisyros: Mr. Nathanail  
Regional Governor of the South Aegean: G. Hatzimarkos  
Prefect of Kos: K. Svinou  
Mayor of Kos: Th. Nikitaras  
Minister of Culture: L. Mendoni  
Minister of Tourism: O. Kefalogianni  
Minister of Health: A. Georgiades  
Greetings from Parliamentary Authorities  
President of the Panhellenic Medical Association: A. Exadaktylos  
President of the Medical Association of Kos: A. Gavala  
President of the Hellenic Red Cross: A. Avgerinos  
President of Special Olympics: N. Kodellas  
President of Hellenic Society of Reproductive Medicine: M. Koutsilieris

12:00-12:30      **Coffee Break**

# HIPPOCRATIC WEEK

## THE HIPPOCRATIC OATH CEREMONY

October 12–19

12:30–14:00

### University presentations by the Presidents of the Medical Schools of Greece

*(Educational Programs, most important thesis of the year, intellectual property – patents etc.)*

Chair: N. Papantoniou, G. Patoulis

14:00–15:30

### Lunch

15:30–16:00

### Transportation to the Ancient Asklepieion of Kos

## THE HIPPOCRATIC OATH CEREMONY

*Ancient Asklepieion of Kos*

**Master of Ceremony: N. Papantoniou**

16:00–16:30

### Addresses

*S. Geroulanos, G. Patoulis,*

16:30

### The Hippocratic Oath

*English Narration: V. Polydorou*

17:00

### THE HIPPOCRATIC OATH CEREMONY

*Recitation: M. Hadjientoniou*

*DREPO – FAINARETI*

20:30 **Official Dinner**



# HIPPOCRATIC WEEK

## THE HIPPOCRATIC OATH CEREMONY

October 12-19

### Sunday 19/10/2025

08:00-10:00	<b>Greek Orthodox Maxs, Cathedral of Kos</b>
10:30-11:30	<b>Run in Honor of Hippocrates</b> In collaboration with Special Olympics Hellas, Hellenic Red Cross, Primary Schools of Kos & other institutions
11:30-12:30	<b>Honoring hour for Greek Physicians from Kos - Friends and Sponsors of IHFK</b> Chair: A. Gavala, Th. Dimopoulos, N. Papantoniou, G. Patoulis
12:30-13:00	<b>Presentation of the results of the study: Special Olympics Hellas</b> Chair: Ph. Kalloudis, D. Kodellas, A. Polydrou <b>Inclusive Healthy Lifestyle Groups in Schools</b> E. Skordiles
13:00	<b>Closing Ceremony of the Hippocratic Week</b> N. Papantoniou, G. Patoulis

# HIPPOCRATIC WEEK

## THE HIPPOCRATIC OATH CEREMONY

October 12-19

### Presidents

**Nikolaos Papantoniou**

I.H.F.K.

**George Patoulis**

G.D.H.I.

### Presidents Organising Committee

**Stephanos Geroulanos**

I.H.F.K.

stgeroulanos@gmail.com

**Antonios Polydorou**

G.D.H.I.

antonios.polydorou@gmail.com

### President of the Scientific Committee of the Hippocratic School

**Nikolaos Arkadopoulos**

N.K.U.A.

INVITED SPEAKERS

- Athina Angelopoulou

*Dr, M.D., Associate UEMS PRM, Ph.D., Lead Consultant Geriatrics, East Cheshire NHS Trust, President, Hellenic Diaspora Doctors' Association (He.Di.D.A. UK)*
- Arkadopoulos Nikolaos

*President of the Medical School | NKUA*
- Bognar Bryan

*Senior Associate Vice President of Student Success | USF Health, Vice Dean for Educational Affairs | Morsani College of Medicine*
- Bourazelis Konstantinos

*Academician, Professor of Archaeology, f. Vice Rector | NKUA*
- Caneva Massimo Maria

*Head of Health and Diplomacy Program - University Hospital Campus Bio-Medico, Rome*
- Chaliampalias Rizos

*Computer scientist, President of "Hippocrates in Larissa" Association*
- Charitou Antonia

*President of the Hellenic Society of Perinatal Medicine*
- Chrousos George

*Academician, Em. Professor of Pediatrics and Endocrinology | Director, University Research Institute of Maternal and Child Health and Precision Medicine | Head, UNESCO Chair in Adolescent Health and Medicine | President of the Hellenic Pasteur Institute*
- Chrysafi Androniki

*Laboratory Teaching Staff, Department of Philology, Faculty of Humanities and Social Studies | University of Patras*
- DafopoulosKonstantinos

*Professor of Obstetrics and Gynaecology, Faculty of Medicine, School of Health Sciences, University of Thessaly*
- Darilis Yanna

*ND, PhD (Doctorate in Original Medicine), Integrative Nutritionist, Lifestyle Medicine Coach, Master Fitness Trainer*
- Daponte Alexnadros

*Professor, Director of Obstetrics & Gynaecology at the University Hospital of Larissa | University of Thessaly*
- Diamanotopoulos Athanasios

*Professor of Nephrology*
- Fradelos Evangelos

*Associate Professor of Clinical Nursing, Department of Nursing, School of Health Sciences, University of Thessaly*
- Fiska Alik

*Professor of Anatomy | DUTH*
- Geroukalis Dimitrios

*Scientific Director of "Hippocrates" Urban Company, Kos*
- Giannoukas Athanasios

*Professor of Vascular Surgery at the Medical Department of the University of Thessaly*
- Giannouka Ioanna

*Resident, A' Internal Medicine Dpt., General Hospital of Larissa*
- Gravanis Achilleas

*Professor of Pharmacology, University of Crete*

# HIPPOCRATIC WEEK

## THE HIPPOCRATIC OATH CEREMONY

October 12–19

### INVITED SPEAKERS

<b>Guy Charles</b>	<i>Em. Professor, Architect of the tree DNA analysis and astounding prolific researcher</i>
<b>Johnson O. Elizabeth</b>	<i>Dean, School of Medicine, European University Cyprus / President of the Board, International Network for Healthcare Workforce Education</i>
<b>Kagkadis George</b>	<i>Vice President of the Medical School   Unoversity of Patras</i>
<b>Karahalios Theofilos</b>	<i>President of the Medical School   University of Thessaly</i>
<b>Karamanou Marianna</b>	<i>Professor of Epistemology, History and Ethics of Medicine, Head of the Department of History of Medicine and Medical Ethics, Medical School, NKUA, Corresponding member of the French National Academy of Medicine, member of the Academy of Sciences, Letters and Arts of Lyon</i>
<b>Karayianni Anta</b>	<i>CEO Praxis Plus</i>
<b>Kintzios Spyridon</b>	<i>Rector of the Agricultural University of Athens</i>
<b>Konitsiotis Spyridon</b>	<i>President of the Medical School   University of Ioannina</i>
<b>Koutsouradis Achilleas</b>	<i>Em. Professor of Law   AUTH</i>
<b>Koutsouradis Timoleon</b>	<i>Pathologist, f. Director of the National Health System of Greece</i>
<b>Kriari Ismini</b>	<i>f. Rector of Panteion, President of the National Authority for Medically Assisted Reproduction</i>
<b>Lockwood Charles</b>	<i>Dean of the Morsani College of Medicine</i>
<b>Marsellos Marios Athanasios</b>	<i>Professor Emeritus of Pharmacology, Medical Faculty, School of Health Sciences   University of Ioannina</i>
<b>Mavroforou Anna</b>	<i>Professor/Director, Deontology and Bioethics Lab, Department of Nursing, School of Health Sciences, University of Thessaly</i>
<b>Nadakuduti Swathi</b>	<i>Assistant Professor, Plant Biotechnology and Biochemistry - Medicinal and Therapeutic Plants</i>
<b>Papadaki Eleni</b>	<i>Dean of the Medical School   University of Crete</i>
<b>Papathanassiou Ioanna</b>	<i>Professor of Social Psychiatry, Department of Nursing, School of Health Sciences, University of Thessaly</i>
<b>Papavramidou Niki</b>	<i>Ass. Professor of History of Medicine, Director of the Museum of History of Medicine, Department of Medicine   AUTH</i>
<b>Paul Anna-Lisa</b>	<i>IFAS Director of Interdisciplinary Center for Biotechnology and Research</i>
<b>Pavlakis George</b>	<i>Professor, Researcher at the US National Cancer Institute</i>
<b>Polydorou Antonios</b>	<i>Secretary General of Global Doctors' Hippocratic Institute (GDHI) – Ambassador of Hellenic Tourism</i>

# HIPPOCRATIC WEEK

## THE HIPPOCRATIC OATH CEREMONY

October 12–19

### INVITED SPEAKERS

**Polydorou Victoria** *Fetal Cardiologist, Lecturer at the Medical School of the European University of Cyprus*

---

**Poulakou -Rebelakou Efi** *Professor of History of Medicine, Medical School | NKUA*

---

**Ruano Rodrigo** *Professor and Division Head of Maternal Fetal Medicine | University of Miami*

---

**Santo Nicosia** *Professor of Pathology and Cell Biology | USF*

---

**Schutzman Bart** *Architect of the propagation of tree derivatives*

---

**Sgatzos Markos** *Associate Professor, Department of Medicine | University of Thessaly*

---

**Shirlei Pat** *Bay Care Value Creator*

---

**Siasos Gerasimos** *Rector NKUA*

---

**Sormani Paolo** *Director of the Rome University Hospital Campus Biomedico*

---

**Sowmya Viswanathan** *BayCare Chief Physician Executive*

---

**Stratakis Konstantinos** *co-founder and Director of ASTREA*

---

**Triaridis Stephanos** *President of the Medical School | AUTH*

---

**Tsougos Ioannis** *Professor of Medical Physics/ Informatics, Faculty of Medicine, School of Health Sciences, University of Thessaly*

---

**Tsoukalas Gregory** *Assistant Professor of History of Medicine, Laboratory of History of Medicine, University of Crete*

---

**Vadikolias Konstantinos** *President of the Medical School | DUTH*

---

**Ziogiannis Panagiotis** *President of Society for the Propagation of the Hippocratic Spirit*

---

# **SAVE THE DATES**

## **OATH CEREMONY**

First Saturday after the 15th of October

**17/10/26**

**16/10/27**

**21/10/28**

**20/10/29**

